

LET'S PLAY



FREDERICTON DISTRICT SOCCER ASSOCIATION NEWSLETTER • SPRING 2021

PRESIDENT'S MESSAGE

Hello FDSA Family,

Welcome to the 2021 Soccer season! I have had the honour of serving as President of FDSA for the past 15 months. During this time, we have seen many changes and challenges come our way, both on and off the pitch. This past year in particular has been unique to say the least! I would like to start by saying thank you to our coaches and volunteers for their tireless work. We could not have returned to play without you! Thank you to the players for working through our modified programming with such resilience and determination. Soccer has changed a little throughout this pandemic, so thank you for being flexible with us when we have had to pivot programming to adapt in different phases.

To our sponsors and partners, thank you for sticking with us through everything! We appreciate the continued support and we all look forward to returning to normal!

Dennis, Barry, Rory, Ben, summer staff and our Board have worked tirelessly to get us on the field and have adapted



*"...thank you to our
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our programming in ways that have not been done before! We appreciate the hard work, long hours and many (many) Teams calls to navigate the current climate!

If anyone would like to get involved, please reach out! We are on Facebook, Instagram and Twitter. We

would love to add your talent to our team and expand our soccer family! There is something for everyone! If the Board of Directors is more your style, we will have elections in the fall for some board positions. Please contact us if anything is piquing your interest!

We are hoping this summer sees us back in the regular swing of things post-COVID but rest assured we will be on the pitch and having lots of fun!

In the meantime, stay safe and healthy and see you on the pitch soon!

Amy Whyte
FDSA President 2020-21



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MESSAGE FROM THE EXECUTIVE DIRECTOR



Hello again FDSA family!

The last 12 months has proven to be one of the most difficult years in this organization's history. The challenges brought on by a global pandemic have been far reaching and have affected sports and

recreation in ways we would have never predicted. As in all areas of our lives, there are lasting effects from which we haven't fully recovered. This process will take time, however the FDSA has been prudent in its operational and strategic decision-making to set us up for long-term success and future growth. We are excited about the future direction of our organization and have been eagerly planning re-developed and expanded programming for 2021.

To our most dedicated and generous volunteers, you continue to offer your time and talents whenever and wherever needed! 2020 provided no better example of the impact our volunteers have on our entire organization. When needed most, you put your hands up and asked only "Where can I be the most helpful!" You continue to lead by example and give back to your community in ways that cannot be fully measured. The FDSA does not exist and certainly does not flourish without you. On behalf of everyone involved with the FDSA; players, coaches, parents, fans and staff, our sincerest thanks for all you do!

*To our most dedicated
and generous volunteers...
You continue to lead by example
and give back to your community
in ways that cannot be fully
measured.*

As always, I would like to extend a huge thank you to all of our corporate partners and volunteers. Your continued support and generosity play a massive role in our ability to deliver quality programming and seek new, innovative ways to move the club in a positive direction. We continue to seek out new and exciting partnerships within our community with whom we can align our values and execute our vision. Together we can grow the game, our community and provide the best possible opportunities for our young athletes to become great humans!

Operationally, I'd like to provide some updates which should be of interest. Firstly, I am excited to announce that as of the past September, the FDSA has hired Rory Keys on a part-time basis as our new Grassroots Manager! Many of you may know Rory as he grew up in Fredericton, played his youth soccer with us and played for the men's soccer program while attending UNB. Since then, he has become an accomplished soccer coach, earned his National A license and is currently a candidate for the Canada Soccer Youth License. We are excited to have Rory working to develop our young players and deepen their love of the game.

I am also happy to share that in January of last year, we moved into a new office space. After some extensive thought, we took the decision that we needed a more functional space that provides plenty of storage for our equipment, while keeping just the right office space to accommodate our hard-working full-time and summer staff. We are now located at 230 Unit 4 Hodgson Road, not far from ScotiaBank South field. Stop in for a visit anytime!

Finally, we are excited to share that FDSA has just been approved as a Quality Soccer Provider, the first level in the Canada Soccer Club Licensing Program. This program has been designed to guide organizations toward best principles for organizational development both on and off the field. The staff and board of directors have undertaken this process in an effort to improve our operations, governance and technical capabilities in the hope of creating the best possible soccer experience for our members for the long-term. A special thanks to Rochelle Baldwin and Chris James from the Board for spearheading these efforts! We will continue on this journey and hope to achieve the next level certification by the end of 2021.

I hope you enjoy this year's edition of the Spring Newsletter and find the information interesting and useful. I look forward to seeing you all at the fields, smiling and having fun!

Yours in Soccer,

Dennis van den Heuvel
Executive Director



BARRY MORRISON COACH'S CORNER



With the blur that was 2020 behind us and the 2021 season fast approaching, we continue to live in uncertain and changing times. Despite the challenges we face as a soccer community across New Brunswick, tremendous work has been done at all levels to ensure soccer continues to operate and we continue to provide fun and rewarding experiences for our players. On the planning side of things, we haven't stopped planning for the future both near and far. For 2021, we are updating some programming and continuing to work on alignment with Canada Soccer Club Licensing. Over the course of 2021 we will update curriculum for our players, work to add increased feedback for players at all levels and continue to update programs to provide exciting, player-centered soccer experiences.

As part of our 2020 and early 2021 work, we have achieved Quality Soccer Provider as part of the Canada Soccer Club Licensing process. In 2021 and 2022 we will be working to complete the Provincial Club level 1 qualification in the same program. As part of our work on this program we will be see the

addition of programs, increases in our educational programs for coaches, parents, administrators and referees. All of this work is geared toward helping us to improve the quality of soccer experience for all of our members.

We have all seen a shift to more work being done online and coaching education is no different. Canada Soccer is now offering opportunities to do much of the course work for a coaching workshop online, with a follow up on-field workshop happening locally here in Fredericton to help you finish up the work you have been doing as coaches to continue your development. As we will be working toward having all coaches educated and developed, we have a full slate of on field, in-person work to support the work coaches will be doing in an online environment through the Canada Soccer platforms.

Online Component: This is expected to be available from Canada Soccer by the middle of April, and coaches will be able to complete the online portion of their workshop on their time from the comfort of their

own home. You can do the content over a number of sessions, or all in one sitting.

In-person Component: To complete all workshops, coaches will need to complete the in-person component part of the workshop here in Fredericton. We will be offering in-person workshops as per the schedule below. Coaches can expect to gain active coaching and practice planning skills, while working with other coaches from across the region.

GPS Workshop: These are for all FDSA coaches in each age group, and are a regular annual update to help coaches gain comfort with the plan for the year, and get ready to work with the players on their team in the coming weeks. All coaches are expected to complete the GPS workshop each year. For coaches who are completing their appropriate soccer coaching certification, they will be able to complete the GPS workshop at the same time, as they are scheduled to overlap in order to minimize the time needed to complete the training and provide a common place for coaches in each age group to interact each year.

WHAT AGE PLAYER	COURSE	WHEN IS COURSE	WHEN IS GPS
Micro Soccer U4-U6	Active Start	Online Component TBD – On your own time online.	May 29 th Scotia Bank South 9:00am-11:00am
		In-Person Component May 29 th • Scotia Bank South • 9:00am-11:00am	
Mini Soccer U8-U10	Fundamentals	Online Component TBD – On your own time online.	May 30 th Scotia Bank South 10:30am-12:30pm
		In-Person Component May 30 th • Scotia Bank South • 8:30am-12:30pm	
Youth Soccer U12+	Learn to Train	Online Component TBD – On your own time online.	May 29 th Scotia Bank South 2:00pm-4:00pm
		In-Person Component May 29 th • Grant Harvey Center • 12:00pm-4:00pm	
Competitive Soccer	C-License	As per Soccer NB Schedule April 5th to May 29th For info click here	

FDSA REGISTRATION



REGISTRATION opens Monday, March 15th.

Please visit: <http://fdsa.powerupsports.com> to set up a user profile and register. The system will guide you through the steps to create a login and will prompt you to then complete and pay for a registration. For assistance please read this guide <https://fdsa.powerupsports.com/pub/res/HowToRegister.pdf> or contact the office.

IN-PERSON REGISTRATION: For 2021 there will be opportunities to register in-person, while adhering to appropriate safety protocols (cash, cheque or debit):

- a. Sat. March 27th: 9:00 am - 12:00 pm @ FDSA Office
- b. Fri. April 16th 10:00am-6:00pm @ FDSA Office
- c. Sat. May 8th, 9:00 am - 12:00 pm (LAST DAY for 2021 registration) @ FDSA Office

* **Office Location:** 230 Hodgson Rd. Unit #4 (Allison Blvd to Gillis Rd. Right On Hodgson)

COMPETITIVE PROGRAMS:

- a. All Premiership players must be registered NO LATER than Mon. April 5th.
- b. All Division I players must be registered NO LATER than Friday April 16th.
- c. No on-site registration will be held during competitive try-outs, however online registrations can be completed 24/7 once the registration window opens March 15th.
- d. Individuals MUST be registered prior to participating in tryouts.
- e. Outdoor turf scheduling for April is weather dependent and subject to change.

PLEASE NOTE:

- a. Register Early. Registrations submitted AFTER the deadlines outlined will be subject to a \$25 late fee and may need to be placed on a first-come, first-serve wait list.
- b. **FINAL Registration Deadline for Micro, Mini and Youth programs:** Saturday, May 8th.

- c. Premiership Players: Try-outs will run April 10th – April 18th.
- d. U12&U13 Foundations Players: Try-outs will run April 19th – May 2nd.
- e. Division I Players: Try-outs will run April 21st – May 1st.
- f. Family Rate: Families with 2 or more Competitive players will receive a discount of \$45 per player. Families with 3 or more children in FDSA programs will receive a \$15 discount per child (must reside in same household) Ex. If you have 2 Comp players and 1 Rec player you would receive \$45+\$45+\$15=\$105 total discount. If you have 1 Comp player and 2 Rec players, you will receive \$15+\$15+\$15 = \$45 total discount
- g. NSF Fee: A fee of \$25 will be charged.

2021 SUMMER REGISTRATION FEES

MICRO RECREATION PROGRAM (PAID ON OR BEFORE SATURDAY, MAY 8TH)

Player Born In	Division of Play	Fee
2017 or 2018	4U	\$127
2016	5U	\$127
2015	6U	\$127

MINI RECREATION PROGRAM (PAID ON OR BEFORE SATURDAY, MAY 8TH)

Player Born In	Division of Play	Fee
2013 or 2014	8U	\$182
2011 or 2012	10U	\$187

YOUTH RECREATION PROGRAM (PAID ON OR BEFORE SATURDAY, MAY 8TH)

Player Born In	Division of Play	Fee
2003-2010	Girls	\$187
2003-2010	Boys	\$187

DIVISION I PROGRAM (PAID ON OR BEFORE APRIL 16TH)

Player Born In	Division of Play	Fee
2006 or 2007	U15	\$367
2003-2005	U18	\$367
Optional for all Division 1 players	Summer Academy Training Program	\$207

U12 & U13 FOUNDATIONS PROGRAM (PAID ON OR BEFORE APRIL 10TH)

Player Born In	Division of Play	Fee
2009, 2010 or 2011	U12	\$452
2008	U13	\$452

PREMIERSHIP PROGRAM (PAID ON OR BEFORE APRIL 5TH)

Player Born In	Division of Play	Fee
2007	U14	\$624
2006	U15	\$624
2004 or 2005	U17	\$624
Part of Premiership program	Summer Academy Training Program	INCLUDED

The program registration fees are set and approved annually by the Board of Directors. The fees are based on the aim of achieving a balanced operating budget for the coming year. The registration fee includes (where applicable) uniforms, provincial & national player registration fees, insurance, club administrative expenses (office rent, utilities, office equipment & IT, club management/database licensing, banking/merchant fees, legal/accounting fees, staffing related expenses) coaches training and certification, technical coaches, training equipment, field costs, referees, year-end awards, jamborees, league & provincial tournament registration fees, awards gala, national travel fund and more.

IMPORTANT NOTES:

- If you register three (3) or more children from the same family in recreational programs, \$15 will be deducted from the registration fee of each child if you register all three (3) children at the same time.
- If you register two (2) or more children from the same family in competitive programs, \$45 will be deducted from the registration fee of each child if you register both children at the same time.
- Registrations submitted AFTER the deadlines outlined above will be subject to an additional non-refundable \$25 late fee and may need to be placed on a first-come, first-serve wait list.
- \$25 fee for any NSF cheque.
- Rates shown above INCLUDE all taxes and fees.

CALENDAR OF EVENTS



DATES	EVENTS
Mon. March 8 th	Online Registration opens for Spring programs https://fdsa.powerupsports.com/
Mon. March 15 th	Online Registration opens for Summer programs https://fdsa.powerupsports.com/
Tues. March 23 rd	Competitive Information Session: ALL Parents & Players: Online via ZOOM 6-7pm & 7:30-8:30pm (sessions will be the same)
Mar 24	Fair Advantage Onboarding Session 7pm http://www.fdsa.org/fdsa-announces-partnership-with-fair-advantage-hosts-onboarding-event-mar-24th/
Mar. 26, 27, 28; May 15	Entry Level Referee Clinic (13 years & older): Mar 26 7-9pm, Mar 27 9am-1pm, Mar 28 th 9am-1pm; All 3 ONLINE & May 15 th On-field (TBC) https://www.soccernb.org/en/referees/referee-clinics/
Sat March 27 th	Open registration at FDSA Office: 9am-Noon
Mon. April 5th	DEADLINE registration for Premiership players. All participants MUST be registered prior to beginning of tryouts.
Fri. April 9th	DEADLINE Registration for Spring Skills Centres program & U12 & U13 Foundations Program
Sat Apr. 10 th - Sun. Apr. 18 th	Premiership try-outs for all REGISTERED players.
Mon. Apr. 12 th	Spring Skills Centre Programming starts – U8,U10 & U12
April 13 & 14	Recreational Programs Info Sessions 6:30-8:30pm ONLINE
Fri. Apr. 16th	DEADLINE registration date for Division I players. All participants MUST be registered prior to beginning of tryouts.
Mon. Apr. 19 th – Sun May 2 nd	U12 & U13 Foundations Program Tryouts for all REGISTERED players.
To Be Determined	Referee Refresher Clinic: TBD https://www.soccernb.org/en/referees/referee-clinics/
Wed. Apr. 21s. – Sat May 1 st	Division I try-outs for all REGISTERED players

DATES	EVENTS
Sat. May 8th	LAST DAY to register for Summer Recreational programs - FDSA Office: 9:00am-12:00 pm
Mon May 17 th	Micro (4U-6U), Mini (8U & 10U) & Youth (12U-18U) Coaches Meetings
Tues. May 18 th – May 21 st	Rec players (Micro, Mini, Youth) notified of time & place for first evening of play
Sat May 29 th	Coach Workshops: Grassroots (GPS), Active Start, Learn 2 Train Pt1
Sun May 30 th	Coach Workshops: GPS, FUNDamentals, Learn 2 Train Pt 2
Mon. June 7 th	First night of play: 4U South, 5U & 6U North, 8U Boys, 10U Boys, 18U Boys & Girls
Tues. June 8 th	First night of play: 6U, 8U Girls, 10U Girls, 14U Boys & Girls
Mon. June 14 th	Photo Night – Schedules TBC
Tues. June 15 th	Photo Night – Schedules TBC
Sat July 17 th	Soccer Day in Fredericton @ BMO Field
July 19 – July 23	UNB Rec Camp
July 26 - July 30	Elite Summer Camp: 8:30-12:00 @ BMO Field
Sat. August 21 st	Micro, Mini & Youth Year-End Jamboree
Sat Aug 21 & Sun Aug 22	Division I U18 Provincial Championships - Location TBD
Sat - Sun. August 28 - 29	Division I U15 Provincial Championships - Location TBD
Sat - Sun. August 28 - 29	U12 Provincial Championships - Location TBD
Sat. Sept 2-4 (TBC)	NBSL U14-U17 Premiership Provincials - Location TBD
Mon. Sept. 4	Fall Skills Centres BEGIN – U8/10 & U12
Sun. Sept. 10	Fall Competitive Academy starts – U13-18

PROGRAM INFO SKILLS CENTRES



Every person involved in soccer in Canada deserves an enjoyable experience with the game, regardless of the role they play, their age, their level of experience or their ability. For young players, an enjoyable experience means that they have access to high-quality programs where they can have fun with their friends, learn new skills and play the game in an appropriate format.

Clubs play an important role in this, as they are the primary providers of the soccer programs where young players experience the game in Canada. Canada Soccer has created the Skills Centre Program to guide clubs towards best principles in player development by taking a nationally coordinated approach to developing young soccer players. Skills Centres provide a challenging, enjoyable environment for players to develop and nurture the skills required to succeed in the game of soccer.

Skills Centre Goals

1. Keep players involved in the game for longer by providing an enjoyable experience
2. Guidelines that ensure delivery of the best possible training environment

3. Develop players by increasing opportunity and access to better training and competition

For young players, an enjoyable experience means that they have access to high-quality programs where they can have fun with their friends, learn new skills and play the game in an appropriate format

Skills Centre Principles

To ensure that a holistic development environment exists for players and coaches, Canada Soccer Skill Centres will be guided by the following principles:

- High contact time with a ball
- Training resembles the Game
- Fun for everyone
- Accessible for all
- Meaningful feedback provided

FDSA will offer Skills Centre programming for our U8/U10 & U12 age groups in three distinct blocks throughout the year; Spring, Summer and Fall. These newly formed programs will replace the following programs:

- U8/10 Spring Leagues is now Spring Skills Centre
- U8/10 Summer Skills Centre is a brand-new program offering
- U11/12 Select Teams is now U12 Summer Skills Centre
- U8/10 Fall League is now Fall Skills Centre
- U12 Fall Skills Centre is a brand-new program offering

Spring – 7 Weeks (April 12 - May 24) For full details on specific dates/times/fees <http://www.fdsa.org/programs/fdsa-spring-programs/>

Summer – 12 Weeks (June 7 – Aug. 23) For full details on specific dates/times/fees <http://www.fdsa.org/programs/fdsa-spring-programs/>

Fall – 9 Weeks (Sept. 6 – Nov. 1) For full details on specific dates/times/fees <http://www.fdsa.org/programs/fdsa-spring-programs/>

TRITES ORTHODONTICS

- **FREE CONSULTATIONS**
- **NO DOWN PAYMENT**
- **0% FINANCING**
- **PREFERRED INVISALIGN PROVIDER AND BRACES**



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506-462-7670**



PROGRAM INFO 2021 MICRO SOCCER



PLAYERS BORN IN 2017 OR 2018 (4U) / PLAYERS BORN IN 2016 (5U) / PLAYERS BORN IN 2015 (6U)

With summer fast approaching, the FDSA is excited to welcome all new and returning Micro soccer players and parents to another great summer of fun and excitement! This season just like the last may be unique, but we look forward to getting kids out on the field no matter what that may look like. With things ever changing due to Covid-19 restrictions, the dates below could change, but rest assured, we will notify you should that happen!

The season is set to begin with children taking the fields for their first outing (once per week) either Monday, June 7th or Tuesday, June 8th. As in past years, sessions cancelled due to inclement weather will be

rescheduled to Wednesdays or Thursdays of the same week, same time, and same location.

Once again, Micro Soccer will be offered on both sides of the river. You (as a Parent) will have the choice of either the night of play or location of play. This will make life much easier for all and make Micro soccer more accessible to families!

Micro Program Information Sessions are scheduled for Tuesday April 13th & Wednesday April 14th 6:30pm via ZOOM. All are encouraged to attend to learn all the details about the program and ask any questions to staff and program directors

Summer Program Dates:

- **FHS:** Starting Date: 4U – Monday, June 7 @ 6:00pm or **NASIS:** Starting Date: 4U – Tuesday, June 8 @ 6:00pm.
- **NASIS:** Starting Date: 5U/6U – Monday, June 7 @ 6:00pm or **FHS:** Starting Date: 5U/6U – Tuesday, June 8 @ 6:00pm.

VOLUNTEERS NEEDED!

With over 450+ players expected for this season, we need volunteers to coach and assist teams. Lack of experience or lack of soccer knowledge should not be seen as a major obstacle as our simplified rules and small team sizes make it easy to learn the basics of coaching soccer. **At 4U & 5U age groups, parental/guardian involvement is required to help coaches and volunteers and is strongly suggested at 6U.** These programs will once again be supported by our

U14 & U15 Premiership Teams who will be at each session to help coach and demonstrate skills to the younger players!

As a coach, you will be provided with all the tools and resources needed to be successful. This year the coach's information session will be held Monday May 17th and on field coach training sessions on Saturday May 29th. As well, Club Head Coach Barry Morrison will be hosting an "Active Start" coach workshop as part of those sessions. At these sessions, you will receive demonstrations and information on an 11-week Micro Soccer Session Plan with age specific drills for the

entire season. All coaches will be required to complete these workshops in 2021.

Don't have the time to commit to the entire season? Keep in mind that assistant coaches will also be required to accommodate coach vacations or unavailability. If interested in volunteering, please contact Sarah Kennedy, FDSA Director of Micro Soccer via email: microdirector@fdsa.org for more information.

See you on the fields!

IMPORTANT DATES FOR COACHES

- **Micro Program Information Session**
Tuesday April 13th OR Wednesday April 14th
(Choose 1)
- **Micro Coaches Pre-Season Meeting:**
Monday, May 17th
- **Micro Coaches On-Field Practical Session & Active Start Coaching Workshop:** Saturday May 29th

YEAR-END JAMBOREE

The jamboree marks the end of the soccer season and allows for the distribution of team medals while giving the children and parents a chance to say good-bye. We are planning to be able to host this fun-filled event in a safe environment, while following any Public Health restrictions that may be in place. The jamboree is scheduled for the morning of Saturday August 21st (4U, 5U, 6U). More details to follow!

**The FDSA would like to thank
Leon's for sponsoring the 4U
division, as well as Tim Hortons for
sponsoring the 5U&6U divisions.**



Tim Hortons®

PHOTO NIGHTS

Pictures will be taken on the regularly scheduled soccer night during the week of June 14th. Harvey Studios will be at the field to take team and individual pictures. A schedule for team-specific photos will be created and circulated well in advance.

PROGRAM INFO 2021 MINI SOCCER



PLAYERS BORN IN 2013 OR 2014 (8U)/PLAYERS BORN IN 2011 OR 2012(10U)

Thank you for your interest in the FDSA Mini program for the 2021 summer season.

The 2020 season introduced our Association to a variety of new challenges with adapting our program under the umbrella of a Global Pandemic. We were very proud of our efforts to continue to provide quality programming last year and are confident that we can continue to offer an enjoyable program this year under any possible restrictions. However, we are hopeful and planning for a return to our traditional programs. If this is your first year within the Mini program, we welcome you and hope that you are looking forward to your time with us. The Mini program is a gender specific level of training that will offer players both skill-based training sessions as well as games that are centered toward building an understanding of rules of play and connecting their learned skills to game play. For those returning, it will be a chance to continue to hone your skills and further develop your knowledge of the game. As in years past, the Mini teams will be divided into two age categories (8U & 10U).

The mini program will operate with two sessions per week; the first will be a skill-based session and the

second a game session. The 8U category will be playing a 5 v 5 system - 4 players and 1 goalkeeper. The 10U teams will play with 7 v 7 format - 6 players and 1 goalkeeper.

8U sessions will be 75 minutes, while the 10U sessions will be 75 & 90 minutes. Both the 8U and 10U will continue playing twice a week at various locations throughout the city, including the artificial turf fields.

The 11-week season gets underway with the first team event scheduled for Monday, June 7th (8U & 10U boys) and Tuesday, June 8th (8U & 10U girls).

The strength of our program lies in our volunteer coaches and field marshals. With the possibility of increased safety regulations again this season, our requirement for coaches and volunteers is greater than ever. If you would be willing to volunteer in any capacity, please contact FDSA Director of Mini Soccer: Leah Haighway O'Keefe by e-mail minidirector@fdsa.org.

As a coach, you will be provided with all the tools and resources needed to be successful. This year the coach's information session will be held on Monday May 17th and

on field coach training sessions on Saturday May 29th. As well, Club Head Coach Barry Morrison will be hosting an "Active Start" coach workshop as part of those sessions. At these sessions, you will receive demonstrations and information on an 11-week Mini Soccer Session Plan with age specific drills for the entire season. All coaches will be required to complete these workshops in 2021.

IMPORTANT DATES FOR COACHES AND VOLUNTEERS:

- **Mini Program Information Session:** Tuesday April 13th OR Wednesday April 14th (Choose 1)
- **Mini Coaches Pre-Season Meeting:** Monday May 17th
- **Mini Coaches On-Field Practical Session & Active Start Coaching Workshop:** Saturday May 29th



PHOTO NIGHTS

Photo Night will again take place at Fredericton High School. Harvey Studios will be on location to take team and individual pictures on Monday, June 14th and Tuesday, June 15th. A schedule for team-specific photo times will be created and circulated in advance.

NOTE: Due to the large volume of teams requiring photos, some photo times will conflict with scheduled games, therefore the games will not be played that night.

YEAR-END JAMBOREE

FDSA's traditional end of the season event is back again for 2021. This one-day soccer activity has come to be a staple of the program and is used to distribute medallions to players and say good-bye. We are planning to be able to host this fun-filled event in a safe environment, while following any Public Health restrictions that may be in place. The jamboree this year will be held on Saturday, August 21st.

The FDSA would like to thank **Trites Orthodontics** for sponsorship of the **8U**; **Canadian Tire** for sponsorship of the **10U** division; and **Trites Orthodontics** for co-sponsorship of the **10U** division.



PROGRAM INFO 2021 YOUTH RECREATION



Welcome to the 2021 youth recreation season!

The 2021 soccer season is fast approaching and plans are underway for another successful summer of soccer. With all of the experience we have from the 2020 COVID-modified programming, we are prepared to offer programs that are safe and in-line with any protocols necessary, helping to ensure another smooth and enjoyable summer of soccer.

The 2021 season is gearing up to be another exciting summer on the pitch! Youth soccer continues to be the fastest growing sport in Canada and the FDSA is proud to be able to provide quality soccer programs to youth players in the greater Fredericton area.

Major highlights for the upcoming season include:

In an effort to balance the number of registrants across all youth age groups, the age classifications will remain as 14U and 18U.

Depending on the number of registrants, these age groups will play 8v8 small-sided games on the artificial turf fields in an effort to create as many

teams as possible (max.15 players/team) for a viable league. 18U may play 11v11 if the registration numbers justify more players on a team.

The team selection will be similar to last year. Teams will be selected by FDSA staff. Players will be assigned to teams based on their skill level and every effort will be made to ensure each team receives an equal number of players at various skill levels, ensuring a balanced league.

NOTE: For players who are new to FDSA, they will be randomly assigned to teams. There will NOT be any modified games or evaluation prior to the start of the season.

The jamboree marks the end of the soccer season and allows for the distribution of team medals while giving the players and parents a chance to end the program with an exciting and fun tournament-style experience. We are planning to be able to host this fun-filled event in a safe environment, while following any Public Health restrictions that may be in place. The jamboree is scheduled for Saturday August 21st, More details to follows.

IMPORTANT DATES FOR COACHES AND VOLUNTEERS:

- **Youth Program Information Session:** Tuesday April 13th OR Wednesday April 14th (Choose 1)
- **Youth Coaches Pre-Season Meeting:** Monday May 17th
- **Youth Coaches On-Field Practical Session & Coaching Workshop:** Saturday May 29th

We would like to thank Canadian Tire Northside and Southside for their sponsorship of our Youth Program!



FOUNDATIONS U12 & U13 FOUNDATIONS PROGRAM



In 2014 the U12 Enhanced program replaced what had been a U11 Premiership and Division 1 Boys and Girls; and U12 Premiership and Division 1 Boys and Girls. Combining the four teams in each gender, we created balanced boys and girls leagues consisting of roughly 60 players each.

This program has been an excellent foundational program and we have seen a dramatic increase in the interest in competitive soccer at the U12 level based on the Enhanced Program. It has also created a more flexible and inclusive environment and has seen a reduction in the amount of travel and cost of participation.

With the Canada Soccer mandate to move from 11v11 to 9v9 programming, it seems like a great opportunity to grow our Enhanced program and carry the philosophy forward into the U13 age group. We believe that looking at our players from 10-13 as our Competitive Foundations Phase, will help to create a clarity about what the objective is within this programming range and allow us to focus clearly on building teams that are inclusive and balanced, providing all players with more equal opportunities to develop and continue their growth as players.

U12 Foundations – Replaces U12 Enhanced

- Tryout Dates: April 19 - May 2
- Season Dates: May 3 - August 23rd
- Players Born: 2011, 2010, 2009
- Practices: 2 x/week + Optional Skills Center
- Games: 12-15 game season
- Tournaments: Two tournaments (Wanderers Cup) plus one other.

The U12 teams will continue to play in a locally-based league comprised mostly of FDSA teams but could include teams from Oromocto and Woodstock areas.

U13 Foundations – Replaces U13 Prem and Div 1

- Tryout Dates: April 19 - May 2
- Season Dates: May . - August 23rd
- Players Born: 2009, 2008
- Practices: 2 x/week + Optional Academy
- Games: 12-15 game season
- Tournaments: Two tournaments

The U13 teams will shift to a 9v9 format and play in the New Brunswick Soccer League (NBSL) against other clubs around the province.



This program has been an excellent foundational program and we have seen a dramatic increase in the interest in competitive soccer at the U12 level based on the Enhanced Program.

We will host tryouts sessions for our U12 and U13 programs as we do with the rest of our programs. We will have coaches evaluate players based on their performance during these tryouts. If numbers necessitate and developmentally appropriate, players at U12 maybe given the opportunity to play at the U13 level.

We would like to thank Doc Braces / Hatheway for their sponsorship of our Foundations Program!



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HATHEWAY

2021 DIVISION I SOCCER SEASON



The soccer season is fast approaching and plans are again underway for another successful summer of Division I soccer. As a developmental program for the Premiership teams, this program allows athletes to play at a higher level of competition than recreation. Teams are selected through an open tryout process, beginning April 19. For the summer of 2021, FDSA Division 1 programs will include the newly named Foundations Program (formerly U12 Enhanced) for U12 girls, U12 boys, U13 girls, U13 boys. Additional Division 1 teams are being proposed for U15 Girls, U15 Boys, U18 Girls & U18 Boys age groups.

Foundations teams will play in a locally-based league with games against other FDSA teams and possibly Oromocto and Woodstock. Teams will typically train two times and play one game each week and may compete in two to three tournaments throughout the summer. FDSA plans to field four teams each at U12 Girls and Boys and three teams each at U13 Girls and Boys.

U15 & U18 teams will compete in an interlocking league comprised of South (Saint John/Fundy region) & West (Fredericton, Oromocto, Woodstock) region clubs during the week or weekend. They will train two times per week and play eight to ten league games. Teams may also attend two to three tournaments in New Brunswick or Atlantic Canada during the summer. Teams will also be competing for the right to represent the West Region at the Soccer NB Provincial Championships in late August. FDSA plans to field teams at U15 Girls and Boys & U18 Girls and Boys.

While we have been faced with plenty of challenges over the past year, FDSA is very much looking forward to getting back on the pitch with very competitive Division 1 teams in 2021. With new and returning players, we are hopeful to return to a more regular and enjoyable season this summer!

The following coaches have been selected for the upcoming season:

- **U12 Girls** Adam Grimmer, Sarah Thomas
- **U12 Boys** TBA
- **U13 Girls** Jason Vandertoorn, Gavin Brown, Yves Losier
- **U13 Boys** Pat Cormier
- **U15 Girls** Mike Jennings
- **U15 Boys** TBA
- **U18 Girls** TBA
- **U18 Boys** TBA

SPECIAL DATES & EVENTS

Registration Opens: Monday March 15th

- **Competitive Programs Parent & Player Information Sessions:** Tuesday March 23rd 6-7pm & 7:30-8:30pm
- **Registration Deadlines:** Foundations - Friday April 9th; U15 and U18 - Friday April 16th
- **Tryouts:** Foundations - April 19 - May 2; U15 and U18 - April 21 - May 1

- **Division I Soccer NB Provincial Championships:** U18 - Aug 21 and 22; All other age groups - Aug 28 & 29

THIS COULD BE YOUR LOGO.

CONTACT FDSA FOR SPONSORSHIP OPPORTUNITIES AND HELP SUPPORT THE SOCCER COMMUNITY!

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2021

PREMIERSHIP PROGRAM



The 2020 competitive soccer season was a challenging one, dealing with the delays and restrictions of the Covid pandemic. However, thanks to our team of dedicated coaches and numerous volunteers, we were able to run four blocks of soccer from late June through to the second week of October. We were even able to see some games played in partnership with other clubs in the province.

For the coming season the FDSA plans to field six (6) Premiership teams including both girls and boys U14, U15 and U17. In addition to team games and practices, players will have the opportunity to participate in an extra evening of Academy training lead by some of the most highly trained and qualified coaches in the region. There will also be team fitness/physical training sessions offered through the Centre.

The U13 age group has become part of the newly named Foundations Program, which builds on the success of our U12 program (formerly U12 Enhanced) offering an opportunity for more players to continue to play and develop for an extra year. Additionally, it helps to alleviate the challenges with player numbers we have encountered at this age group for the past several years.

To learn more about how these changes will benefit our kids, we encourage all interested players and

parents (past and future) of our competitive programs to attend one of the information sessions being held through Zoom on Tuesday, March 23th at 6:00pm and 7:30pm. You will have an opportunity to meet our prospective coaches and have questions answered by FDSA staff and program directors.

FDSA would like to announce the following Premiership Coach Appointments:

- **U14 Girls** Nathan Langille
- **U14 Boys** Diego Padilla & David Itoafa
- **U15 Girls** Dan McHardie
- **U15 Boys** Roy Mugume
- **U17 Girls** Heidi Boulter
- **U17 Boys** TBC

The season ahead comes with some uncertainty. However, with the groundwork laid last summer for dealing with social distancing guidelines, and return to play restrictions, we will be prepared for whatever the season has in store.

FDSA would like to thank SUMMIT DODGE for their support of the Premiership Boys program, as well as FREDERICTON NISSAN for their continued support of our Premiership Girls program.

PREMIERSHIP - IMPORTANT DATES AND EVENTS

- **March 15th**: Registration Opens
- **March 23rd**: Competitive Programs Info Session via Zoom
- **March 27th**: In-office Registration 9:00 AM-1:00PM
- **April 5th**: Registration closes
- **April 10th - 18th**: Tryouts (schedule TBA)
- **May 15th**: New Brunswick Soccer League play begins (TBC)
- **July 17th**: Soccer Day
- **September 4th & 5th**: Premiership Provincial Championships – Location TBA



SENIOR SOCCER LEAGUES



ARE YOU 18 OR OLDER AND INTERESTED IN PLAYING SENIOR MEN'S OR SENIOR WOMEN'S SOCCER?

Capital Women's Senior Soccer League (CWSSL) and Fredericton Senior Soccer League (FSSL) are recreational leagues with over 350 players of all skill levels and playing backgrounds. Leagues consist of 6-10 teams with the summer season running May to August at turf

fields in Fredericton and Oromocto. If you would like to join either of these leagues or have any questions, please contact Amy or Heidi at: fredericton-womensoccer@gmail.com (Women); seniordirector@fdsa.org (Men).



CANADA SOCCER CLUB LICENSING

For the past year, the FDSA has been working on plans to become a Canada Soccer Licensed Club. This initiative came as a result of an improvement planning activity that included former players, coaches, board members, parents and employees. The club licensing pathway through Canada Soccer sets out the minimum standards for clubs to enable them to achieve greater results for the sport within their communities.

The primary goals of the Club Licensing Program are to:*

- Set clearly defined standards and expectations for member organizations
- Recognize excellence in the soccer community
- Raise the level of all soccer organizations throughout Canada; and,
- Drive change in the soccer system

The Club Licensing Program Principles are as follows:*

1. Prioritize Fun
2. Emphasize Physical, Mental, and Emotional Safety
3. Provide Developmentally-Appropriate, High Quality Programs
4. Maximize Attraction, Holistic Personal Development, Progression, and Long-Term Engagement
5. Focus on Participant-Centred Decision Making
6. Foster Accessible, Inclusive, and Welcome Environments
7. Act as a Good Corporate and Community Citizen

* Excerpt taken from the Canada Soccer website, information on club licensing.

We are pleased to announce that we have recently been licensed under the "Quality Soccer Provider" classification. This is the first of four classifications under Canada Soccer's pathway. We have immediately begun working towards the second classification "Member Association Level 1" with the goal to have our application in by summer 2021. We will continue to keep our members updated on our progress through our social media channels and our website.



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PLAYER SPONSORSHIP FUND



Every year the FDSA receives requests to help support families wishing for their children to participate in our programs. We have seen the requests for financial support increase significantly over the past few years. Our goal is to find a way to

make sure every child has an opportunity to play. Since 2016, the FDSA have been able to provide more than \$7500 in assistance to more than 100 of our members playing in programs throughout the year. In order to sustain this level of support, we

ask that you consider donating to this fund while completing the online registration process! All monies go directly to the FDSA Player Sponsorship Fund. Together, we can help ensure every child has the opportunity to participate.

GROW THE GAME 50/50 FUNDRAISING CAMPAIGN

The Fredericton District Soccer Association is launching a new fundraising campaign. The goal of this campaign is to raise funds to Grow the Game of soccer in the Fredericton area. We wish to continue to raise the level of programming we can provide, better train and prepare our coaches, improve our administration and communication. Our plan is to use the proceeds of this campaign to provide a better sporting experience for all our athletes and families, help to reduce barriers to participation and to increase participation in soccer as a whole... to grow the game of soccer in our community. We wish to continue to build a more cooperative, more inclusive and more inviting soccer community... and we need your assistance to do so!

This new fundraising campaign is a partnership with The Lotto Factory and will be a weekly Progressive 50/50 draw. For as little as \$2 per week for a ticket, you will have the chance to win 50% of the accumulated pot that week. Only one ticket will be drawn each week. Be sure to play your registered ticket number each week because a progressive draw means that the weekly pot can either be won OR carried over to the following week's draw if a number is drawn but was not played. Jackpots will continue to build each week until a paid ticket is drawn. The more tickets played, the bigger the jackpot gets, it's that simple! You can play as many tickets as you like, it is up to you! Pay weekly or pre-pay your ticket(s) up to a full year in advance to ensure you don't miss out. The first draw will take place Friday, February 12th at 8:00 PM. Please share with all your friends, family, inner and outer circles worldwide. This is not restricted to just FDSA members, anyone worldwide (except U.S) can contribute and is eligible to win!

To play, visit <https://fdsa.goplay5050.com> and click the **PLAY NOW** button.



OUR GOAL IS TO RAISE \$20,000 FOR OUR CLUB, WHILE PASSING ON MORE THAN \$30,000 TO DRAW WINNERS!

MATT SLOAN MEMORIAL BURSARY

Beginning in 2012, the Board of Directors agreed to present an annual award in memory of a former FDSA athlete and staff member. The award honors the memory of Matt Sloan, a Fredericton, NB native who died in September 2011. Matt was a proud graduate of the UNB Kinesiology (Recreation) program and completed his Education degree at the University of Maine Presque Isle. He believed strongly in the power of recreation to enrich lives. From his early childhood, Matt played on many sports teams and, in recent years, coached a number of school and community teams. Guided by his studies and his convictions, he worked for several summers with the Fredericton District Soccer Association and as a counselor at Camp Takajo in Naples, Maine.

The **MATT SLOAN MEMORIAL BURSARY** (\$250) will be presented to a graduating FDSA member who best represents the ideals of an unsung hero and who exemplifies the development of the person through sport.

Application Deadline: Aug 13th. See www.fdsa.org for application details.



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COVID-19 PROTOCOLS & OPERATIONS

Currently the province of NB is in the Yellow Phase of recovery. This means that Sports programs can operate within safety guidelines and protocols AND includes game play and competition as laid out by the Dept of Health, Sport & Recreation Branch and Soccer NB.

To find the most up-to-date information, please visit our dedicated COVID Information & Updates page within our website: <http://www.fdsa.org/covid-19-updates/>





FAIR ADVANTAGE

FDSA is excited to announce a new partnership with Fair Advantage - a social enterprise created by Canadian youth sport leaders and FIFA World Cup referees — and we are holding an online event for all PARENTS and COACHES to tell you all about it! Our goal is to improve performance, safety and community spirit for all players, parents, coaches and referees!

This will be QUICK and FUN — a 30 minute zoom event with trivia and prizes — that just might change the way you think about the game, but will definitely help create the best possible environment for your players this season.

- **Save the link, add to your calendar and note the meeting passcode** 933579
- **Wednesday, March 24 - 7PM**
- **Join Zoom Meeting:** <https://zoom.us/j/97152736880?pwd=TFoxWWJQZTd4b3FVME-ZHRmM2bTE2Zz09>
- **Meeting ID:** 971 5273 6880
- **Passcode:** 933579



2021 REFEREE DEVELOPMENT

Referees are a critical part of our sport. For current players it can provide further activity and understanding on the field, for former players it's a great way to stay involved in the game, for parents who are already at the field with their child it can be a great way to stay in shape. For elite athletes, there are development pathways to reach national levels and beyond for those driven to perform at the highest levels.

For new referees:

Entry Level Referee Clinic: This introductory course is intended for anyone who is just beginning their refereeing career. It focuses on the practical aspects of refereeing for primarily youth (12U – 18U) games.

- The cost of this course is \$65 which also covers referee registration for the season.
- New referees will be provided with whistles and badges.
- Referees are responsible for obtaining their own uniforms and cards, there are purchasing programs available through Soccer NB.

For more information, or to be added to the notification list for upcoming courses, please contact our Director of Referee Development; Gavin Brown at officialsdirector@fdsa.org

For returning referees:

Make sure you are registered for the 2021 season at www.soccernb.org and are registered on Soccer NB's PowerUp system to receive assignments: <http://soccernb.powerupsports.com>

Make certain you are also receiving emails from the Referee Development Officer at Soccer NB; Kamel Ben Khalifa at referees@soccernb.org. These emails will inform you of training dates for refresher clinics, fitness testing and ongoing education sessions via Zoom.

Referee advancement:

For those looking to advance to elite levels and would like more information regarding upgrades to Regional level, Provincial level, or beyond; or those interested in entering the education stream as a mentor, instructor, or assessor: Please contact Kamel Ben Khalifa at referee@soccernb.org.



THANKS TO OUR FDSA SPONSORS!

ALL OF THIS WOULD NOT BE POSSIBLE WITHOUT YOUR GENEROUS CONTRIBUTIONS.



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