



## **COVID-19: FDSA Return to Play Parent Guidelines – UPDATED July 17, 2020**

### **Introduction**

In consultation with Soccer New Brunswick, we have finalized our return to play plans and are ready to welcome players back on the fields. This will require a total team (organizers, players, coaches and parents) effort as we dribble our way through the summer soccer programs. Things will be very different than a normal season and we will require your patience and most importantly, your support. We are committed to having fun with the upmost safety precautions in place.

- Initially we will not be having matches or games with Opposition.
- We will have sessions with small groups that return to play guidelines as laid out by Soccer NB. Initially we will have no more than 40 players on 1 field, 10 players/group with 1 coach.
- There will be 2-3 trained admin on the Field ensuring that Safety Guidelines and Physical Distancing is maintained. The Admin will complete Health Checks prior to each session and wear/ have access to PPE to help reduce risk of transmission.
- FDSA representatives will be screening every participant at the door before entering the facility.

**PLAYERS WILL ONLY BE ABLE TO ENTER THE FACILITY UPON ANSWERING THE QUESTIONS TO THE STANDARD OF OUR PROVINCIAL AND FEDERAL AUTHORITIES. THE FOLLOWING QUESTIONS ALLOW WILL BE ASKED TO EACH CHILD WHO IS IN ATTENDANCE.**

- 1- Do you have at least 2 of the following symptoms; Fever above 38C or signs of fever (feeling hot or chills), a worsening chronic cough, a sore throat, a runny nose, a headache, new onset fatigue, new onset muscle pain, diarrhea, loss of taste or of smell?
- 2- Have you returned from travel outside of New Brunswick or outside Canada within the last 14 days?
- 3- Have you had close contact within the last 14 days with a confirmed case of COVID-19?

Players will find these questions on signs as they are in a physically distant line approaching the entry gate.

### **Roles and Responsibilities on the Field:**

#### **Reception Manager**

##### Prior to sessions

- Arrive 20-30 mins prior to session

- Check-in with Field Manager
- Make sure players line up on designated cones/paint lines
- Go through the pre-participation questionnaire with all participants before they enter the field
- Do Not admit anyone who answers Yes to any of the questionnaire questions
- Take attendance
- Ensure all participants are on the Master List of the evening
- Entry is not permitted to anyone NOT on the Master List
- Advise Field Manager of anyone wishing to enter that is NOT on Master List
- Ensures that all stakeholders and participants who enter the field disinfect their hands
- Make sure each participant has only the following items inside the gates: Water Bottle, Inhaler/Epipen, Sanitizer

#### Once Session begins

- Make sure no one enter the field area that is not authorized
- Help ensure all participants leave the field area quickly and in the correct direction/manner
- Help Field Manager and coaches collect and sanitize balls, cones, flags etc. at the end of the session
- Ensure attendance list are placed in the Field Guide Binder to be taken back to and filed at FDSA Office.

#### **Field Manager**

##### Prior to Session

- Arrive 45 mins prior to session start
- Begin to set up location and field starting with cones outside the gates, then directional cones and field numbers
- Mark off safety zones with yellow cones
- Add Water bottle cones (SBS & SBN)
- Make sure all ball bags and cone bag are in middle of field ready for coaches
- Greet other volunteers and make sure Reception Manager and Field Marshall have players lists and sanitization stations setup and ready.

##### Once Session begins

- Ensures that the health rules and regulations are respected
- Ensures that ratios and obligations are respected
- Validate training content and intervenes with coaches when needed
- Ensures that the equipment is disinfected and maintained in the safety area

#### **Field Marshall**

##### Prior to Session

- Arrive 20-30 min prior to session start
- Assist Field Manger with field setup
- Assist Reception Manager with Player check-ins
- Apply hand sanitizer to all persons entering field area

### During sessions

- Supervises players to ensure compliance with distance rules
- Assists the field manager to manage the players/coaches
- Can play the role of reception manager if necessary
- Manage situation when a participant feels unwell
- Assist the Field Manager with equipment sanitization
- Assist Reception Manager
- Assist Field Manager and Coaches with equipment collection and sanitization at end of session

### Note:

-All organizers and training staff health checks will be performed before each training session.

-All organizers and training staff need to take a specific training based on return to play protocol operation plan.

-All organizers are encouraged to wear a community face mask to help reduce the risk of transmission of COVID-19

Field Organization and Coaches Tips - examples



#### Before Training:

- Players and Families will be notified prior to all sessions with specified zones on the field for each team.
- Please arrive to field **10 minutes prior to your session** (no entry earlier) to help us regulate and manipulate all the players through the screening process.
- Parents will not be permitted on the field of play.
- Players will be required to sanitize their hands prior to coming onto the field.
- All organizers and training staff will receive specific training based on return to play protocol and will perform health checks prior to start of training.
- All organizers and training staff will be following Club Approved Operational Plan
- Soccer Equipment will be sanitized
- Signage will be onsite (Physical Distancing, Disinfecting, Entry and Exit and COVID-19 Field Map/ Zone will be displayed).

#### During Training:

- Entry Station will be set up at Field with Signage
- A Reception Manager will be in place to take attendance and ensure that all players entering the playing field have completed the screening process prior to arriving at the field.
- Reception Manager will submit attendance (count number of participants on field)
- Record of each players confirmation of successfully completing the screening process to Club Administration for record. They will also ensure that players only bring allowed equipment (Bag, Labelled Water bottle, Hand Sanitizer, proper equipment, towel)
- Bags MUST be placed on cones provide for each player
- All contents of bags, other than water bottles, MUST be inside bags during sessions
- Staff will ensure all players adhere to personal items rules
- **WEATHER PROTOCOL REMAINS IN PLACE; If practice is suspended mid-session due to weather-related issues, please ensure your child knows where they will go once they leave the field.**

#### During Training Session- Coach:

- The Coach will ensure that Player equipment is stored in a designated location and limited to a labelled Bag, Ball, Water Bottle, Shin Guards, Socks, towel and Hand Sanitizer.
- The Coach will ensure that players are directed to their individual zone and keeping the 2 meter distances at all times.
- The Coach will also remind players not to touch equipment. (Balls, Fence, Cones, etc.)

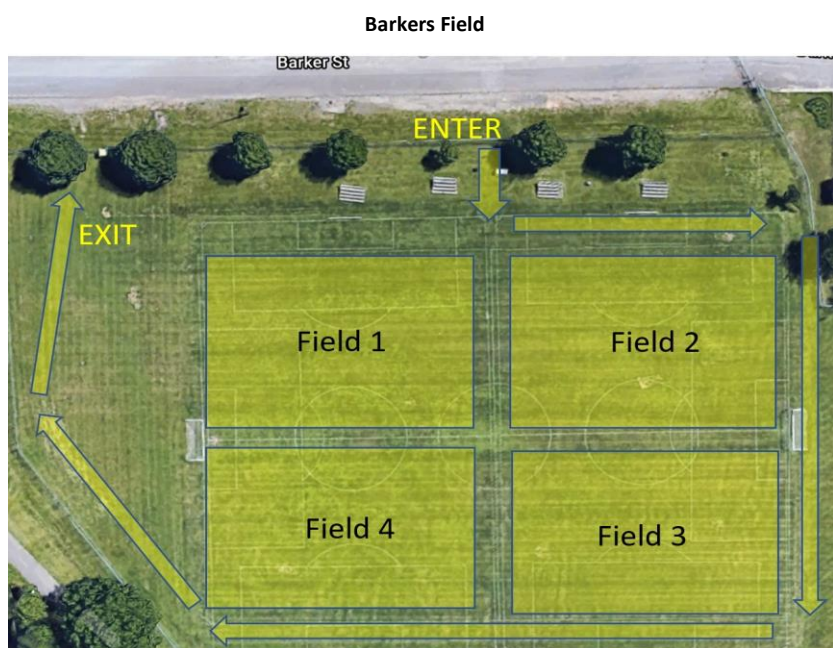
#### After Training:

- Staff will ensure that all equipment is taken from the field in a safe manner, using PPE, and sanitized using PPE.

Commented [RK3]: Are we offering to label?

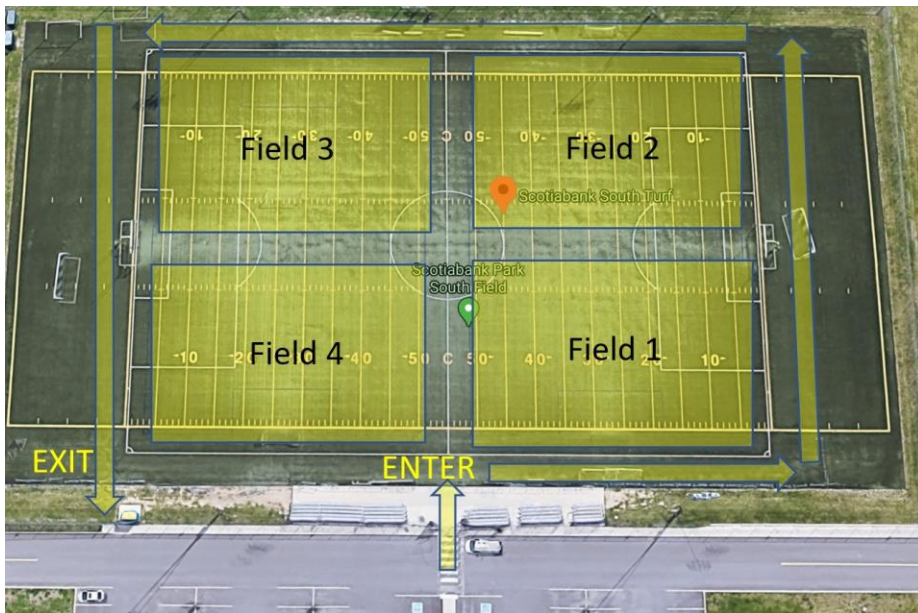
- Players will leave the field immediately after practice while obeying the required traffic zone and directional flow around the field. Players and Parents will be expected to leave the parking lot right after practice and not partake in social activity or congregate afterwards.
- The maximum flow of traffic will not exceed 50 people.

**Our Fields**





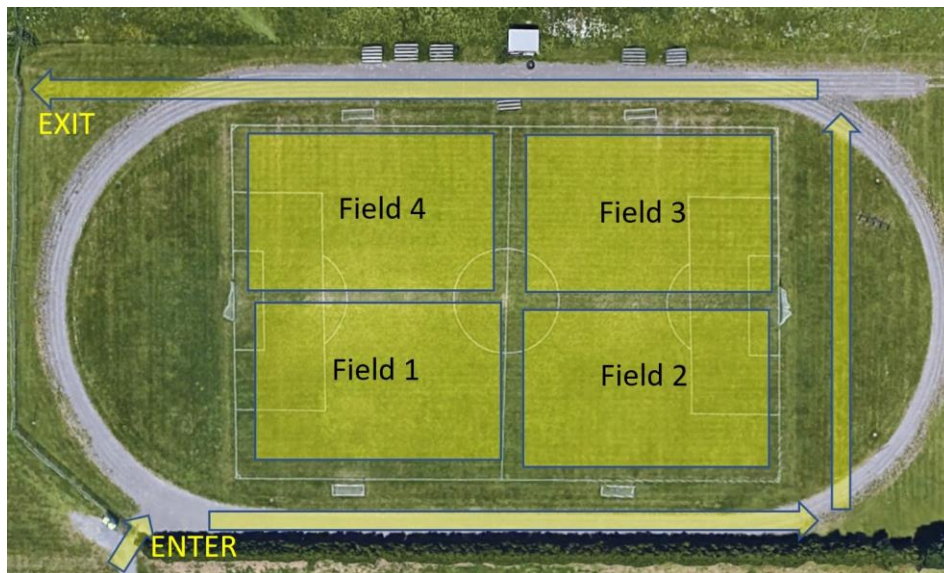
Scotiabank Park - South



Scotiabank Park - North



Fredericton High School



Rule Changes

In Block 2 programming, sessions will include the introduction of game situations and small sided games of 3v3, 5v5 or 8v8 formats. As these are played, we must consider and adhere to the following rule changes/modifications:

**Free Kicks:** Except for Penalty Kicks, all free kicks are in-direct. Fouls that would normally result in a direct free kick that are committed by a defender in their penalty area will be punished by a penalty

**Walls for Free Kicks:** Defenders must be (two) 2 meters apart from one another when creating a wall. After the first verbal warning for failure to comply, a yellow card will be issued for unsporting behavior

**Throw-ins:** No throw-ins. The ball must be kicked into play. The ball must be placed outside the line. The ball is in play as soon as it enters the Field of Play. The kick must remain below knee height or an indirect free kick will be awarded to the opponents at the spot of the throw-in. Opponents must be 10 yards from the taking of the kick. No offside on kick-ins.-

**Corner kicks:** All corner kicks must be kicked in below knee height level. Failure to comply will result in a goal kick to the defending team.

**Drop ball:** The drop ball requirement has been removed to reduce handling of the ball and has been converted to an indirect free kick. If the drop ball is inside the penalty area after hitting the Referee, the ball automatically goes to the Goalkeeper. The Referee leaves the ball on the ground, and the Goalkeeper picks it up.

An in-direct free kick awarded when a player intentionally commits any of the following offenses (penalty kick awarded when infringement takes place in penalty area)

- kicking or attempting to kick an opponent
- tripping an opponent
- jumping at an opponent
- charging an opponent in a violent or dangerous manner
- charging an opponent from behind
- striking, attempting to strike, or spitting at an opponent
- holding an opponent
- pushing an opponent
- charging an opponent with shoulder (i.e., shoulder charge)
- sliding at an opponent (i.e., sliding tackle)
- No headers are allowed

If you have any questions or concerns, please contact us at:  
(506) 451-1342 or [info@fdsa.org](mailto:info@fdsa.org)