



Reds Academy  
Winter Excel Academy Programming  
2022/23

# Program Overview

Reds Academy is a partnership between UNB Reds Soccer and the Fredericton District Soccer Association. The Reds Academy exists to provide additional developmental programming for players in the Fredericton region who are hoping to make the step to the next level.

The Excel Academy Program is a Soccer New Brunswick Program that links to the Soccer NB REX Academy in Moncton, and is built to support Canada Soccer's player pathway.

## Registered Programs

- U6/U8 Indoor Program
- REDS Academy League
- REDS Excel Academy Program

## Invitation-Based Programs

- Reds Academy Teams
- Reds University Prep Programs

# Program Registration

Program registration happens through the UNB REDS System and can be done online starting Monday November 1<sup>st</sup>.

Link: [goredsgo.ca](http://goredsgo.ca) – look under “Camps”

Phone: 453-4579

Registration Issues Please email Ben Law – [ben.law@unb.ca](mailto:ben.law@unb.ca)

# Registered Programs

U6/U8 Indoor Program

Reds Academy League Program

- Championship League
- Premiership League
- Impact League
- Challenger League

Reds EXCEL Academy

- Introductory Academy (2011-2013, 1x/week)
- Development Academy (2005-2013, 3x/week)
- Advanced Academy (2005-2010, 4x/week)

# U6/U8 Indoor Program

<b>Who</b>	Recreational players who are looking for a 1 day/week soccer experience through the winter. This program is ideal for players with all levels of experience. <b>Players Born in: 2014, 2015, 2016</b>
<b>Where</b>	UNB BMO Center
<b>When</b>	Wednesday 4:30-5:30pm
<b>Registration</b>	\$225.00 Deadline: December 13
<b>Dates</b>	<b>Start:</b> January 11 <sup>th</sup> <b>End:</b> March 29 <sup>th</sup> <b>No Soccer:</b> March 8 <sup>th</sup>

# REDS Academy Leagues

<b>Who</b>	This league is for keen players, who are interested in playing in a Practice and a Game each week. Practices are held on Monday's and Games on Tuesday's. Players are divided into 1 of 4 leagues, based on age and ability. Players born between 2013 and 2005
<b>Where</b>	UNB BMO Center
<b>When</b>	Championship League: 5:30-6:30pm Premiership League: 6:30-7:30pm Impact League: 7:30-8:30pm Challenger League: 8:30-9:30pm
<b>Registration</b>	\$350.00 Deadline: November 22 <sup>nd</sup> (Late Registration fee of \$25)
<b>Dates</b>	<b>Start:</b> November 28 <sup>th</sup> <b>End:</b> April 4 <sup>th</sup> <b>No Soccer:</b> Dec 26 <sup>th</sup> -Jan 8 <sup>th</sup> and Mar 6 <sup>th</sup> -10 <sup>th</sup>

# REDS Academy Leagues

## **Training Format**

- Station based format
- Players will work with variety of coaches
- Players will work with dynamic training group

## **Competition Format**

- Tournament Based Competition
- Series of 4 x 4 Game tournaments over course of year
- Teams will be adjusted for each tournament

# REDS Excel Introductory Academy

<b>Who</b>	For players born in 2013-2011 who are participating in other winter sports or activities and are looking for a 1 day a week soccer option. The Excel Introductory Academy program only participates in the Thursday Academy Sessions.
<b>Where</b>	UNB BMO Center
<b>When</b>	<b>Thursday:</b> 5:30-6:45pm
<b>Registration</b>	\$250.00 Deadline: November 22 <sup>nd</sup>
<b>Dates</b>	<b>Start:</b> December 1 <sup>th</sup> <b>End:</b> April 6 <sup>th</sup> <b>No Soccer:</b> Dec 26 <sup>th</sup> -Jan 8 <sup>th</sup> and Mar 6 <sup>th</sup> -10 <sup>th</sup>



# REDS Excel Development Academy

<b>Who</b>	This program is for committed players in the U10-U18 (born 2013-2005) age groups. This program is designed to appeal to the serious soccer player, who may also be playing another sport, or have time constraints. The 3 days each week is considered the minimum requirement for players participating in Team NB Programs.
<b>Where</b>	UNB BMO Center
<b>When</b>	<b>Practice and Game as per Academy Leagues</b> <b>Thursday:</b> 5:30-6:45pm, 6:45-8:00pm, 8:00-9:30pm
<b>Registration</b>	\$575.00 Deadline: November 22 <sup>nd</sup> (Late Registration fee of \$25) Payment Plan Available Upon Request. <a href="mailto:bmorrison@fdsa.org">bmorrison@fdsa.org</a> for info.
<b>Dates</b>	<b>Start:</b> November 28 <sup>th</sup> <b>End:</b> April 6 <sup>th</sup> <b>No Soccer:</b> Dec 26 <sup>th</sup> -Jan 8 <sup>th</sup> and Mar 6 <sup>th</sup> -10 <sup>th</sup>
<b>Special</b>	Players registered in this program participate in both the Academy Leagues and the Thursday Academy Sessions.

# REDS Excel Advanced Academy

<b>Who</b>	This program is for committed players in the U13-U18 (2010-2005) age groups. This program is designed to appeal to players who are dedicated soccer players, who want a well rounded soccer experience in the winter.
<b>Where</b>	UNB BMO Center
<b>When</b>	<b>Practice and Game as per Academy Leagues</b> <b>Wednesday:</b> 6:30-7:30am (HP Gym UNB Kinesiology Building) <b>Thursday:</b> 6:45-8:00pm or 8:00-9:30pm
<b>Registration</b>	\$700.00 Deadline: November 22 <sup>nd</sup> *Payment Plan Available Upon Request. <a href="mailto:bmorrison@fdsa.org">bmorrison@fdsa.org</a> for info.
<b>Dates</b>	<b>Start:</b> November 28 <sup>th</sup> <b>End:</b> April 6 <sup>th</sup> <b>No Soccer:</b> Dec 26 <sup>th</sup> -Jan 8 <sup>th</sup> and Mar 6 <sup>th</sup> -10 <sup>th</sup>
<b>Special</b>	Players registered in this program participate in the Academy Leagues, Strength and Conditioning with CSCA on Wednesday and the Thursday Academy Sessions.

# Invitation-Based Programs

Reds Academy Teams

Reds University Preparation Program

# REDS Academy Teams

<b>Who</b>	Select players from across the REDS Academy program will be invited to participate in Academy Teams. These teams will be selected in early December and will stay together through the winter competing in the Soccer NB Academy Challenge Tour events, as well as possible out of province trips for exhibition games.
<b>Selection Process</b>	Academy coaches will select players to be invited to participate based on registrations in the WRSA REDS Academy Program.
<b>Where</b>	Various events
<b>When</b>	Training – Every Second Wednesday – 5:30-6:30pm Academy Challenge Tour – Dates TBD Camden Maine – Feb 24 <sup>th</sup> , TBD Maine – Feb 25 <sup>th</sup>
<b>Registration</b>	\$175.00 – Includes competitions only
<b>Dates</b>	December to March

# University Preparation Program (UPP)

<b>Who</b>	The UPP is designed for the most committed and dedicated athletes with in the FDSA program. This is a program that aims to help young athletes develop the physical, technical, tactical and mental skills to be successful at the College and University level.
<b>Selection Process</b>	Players will apply to participate in the University Prep Program, applications will be reviewed and roughly 16 boys and 16 girls will be selected to participate in the program.
<b>Where</b>	UNB Dome and UNB High Performance Gym
<b>When</b>	M, W, 6:00-7:30am (with some exceptions) and Friday 5:30-7:00pm, in addition to REDS Academy Schedule
<b>Registration</b>	<p>\$1750.00 – to be confirmed (deadline: November 10<sup>th</sup>)</p> <p><b>Registration includes:</b> Registration in the WRSA Academy Program, Tournament Registration fees, and guest speakers.</p> <p>*Please note that accommodations, transportation and meals are not included in the registration fees.</p>
<b>Dates</b>	November 14 To April 7
<b>Additional</b>	<p>Camden Maine – Jan 27 and 28<sup>th</sup></p> <p>Bridgewater NS – Feb 18<sup>th</sup> and 19<sup>th</sup></p>

Questions?