



Reds Academy
Winter Excel Academy Programming
2019/20

Program Overview

Reds Academy is a partnership between UNB Reds Soccer, and Fredericton District Soccer Association, the Reds Academy exists to provide additional developmental programming for players in the Fredericton region who are hoping to make the step to the next level.

The Excel Academy Program is a Soccer New Brunswick Program that links to the Soccer NB REX Academy in Moncton, and is built to support Canada Soccer's player pathway

Recreational Programs

- U6/U8 Indoor Program

U10/U12 Programs

- REDS Academy League
- REDS Excel Academy Program
- U10/U12 Academy

Competitive Programs

- REDS Academy League
- REDS Excel Academy Program
- REDS Academy Teams
- REDS University Prep Program

Programs

U6/U8 Elementary School Program

Reds Academy League Program

- Championship League
- Premiership League
- Impact League
- Challenger League

Reds EXCEL Academy

- Development Academy
- Advanced Academy
- University Preparation Program

U6/U8 Elementary School Program

Who	Recreational players who are looking for a 1 day/week soccer experience through the winter. This program is ideal for players with all levels of experience. Players Born in: 2011, 2012, 2013, 2014
Where	UNB BMO Center
When	Wednesday 2pm-3pm
Registration	\$185.00 Deadline: December 11
Dates	Start: January 6 th End: April 1 rd No Soccer: March 4 th
Special	

REDS Academy Leagues

Who	This league is for competitive players, who are interested in playing in a Practice and a Game each week. Practices are held on Monday's and Games on Tuesday's. Players are divided into 1 of 4 leagues, based on age and ability. Players born between 2010 and 2002
Where	UNB BMO Center
When	Championship League: 5:30-6:30 Premiership League: 6:30-7:30 Impact League: 7:30-8:30 Challenger League: 8:30-9:30
Registration	\$300.00 Deadline: November 18 th (Late Registration fee of \$25)
Dates	Start: December 2 rd End: April 7 th No Soccer: Dec 23, 24, 30, 31, March 2,3
Special	Players wanting to participate in Academy programming should register for the REDS Excel Academy which includes a Development Academy and Advanced Academy

REDS Academy Leagues - **UPDATES**

Training Format

- Station based format
- Players will work with variety of coaches
- Players will work with dynamic training group

Competition Format

- Tournament Based Competition
- Series of 4 x 4 Game tournaments over course of year
- Teams will be adjusted for each tournament

REDS Excel Development Academy

Who	This program is for committed players in the U10-U18 (born 2010-2002) age groups. This program is designed to appeal to the serious soccer player, who may also be playing another sport, or have time constraints. The 3 days each week is considered the minimum requirement for players participating in Team NB Programs.
Where	UNB BMO Center
When	Monday/Tuesday: 5:30-6:30pm, 6:30-7:30pm, 7:30-8:30pm or 8:30-9:30pm Thursday: 5:30-6:45pm, 6:45-8:00pm or 8:00-9:30pm
Registration	\$525.00 Deadline: November 18 th (Late Registration fee of \$25) Payment Plan Available Upon Request. bmorrison@fdsa.org for info.
Dates	Start: December 2 rd End: April 4 No Soccer: Dec 23, 24, 26, 30, 31, Jan 2 March 2,3, 5
Special	Players registered in this program participate in both the Academy Leagues and the Thursday Academy Sessions.

REDS Excel Advanced Academy

Who	This program is for committed players in the U13-U18 (2007-2002) age groups. This program is designed to appeal to players who are dedicated soccer players, who want a well rounded soccer experience in the winter.
Where	UNB BMO Center
When	Monday/Tuesday: 7:30-8:30pm or 8:30-9:30pm Wednesday: 6:30-7:30am (UNB High Performance Gym) Thursday: 6:45-8:00pm or 8:00-9:30pm
Registration	\$675.00 Deadline: November 18 th *Payment Plan Available Upon Request. bmorrison@fdsa.org for info.
Dates	Start: December 2nd End: April 2 No Soccer: Dec 24, 25, 26, 31, Jan 1, 2 March 2,3, 4, 5
Special	Players registered in this program participate in the Academy Leagues, Strength and Conditioning with CSCA on Wednesday and the Thursday Academy Sessions.

REDS U12 Academy

Who	For players born in 2009, 2008, 2007, 2006 who are participating in other winter sports or activities and are looking for a 1 day a week soccer option. The U12 Academy program only participates in the Thursday Academy Sessions.
Where	UNB BMO Center
When	Thursday: 5:30-6:45pm
Registration	\$225.00 Deadline: November 18 th
Dates	Start: December 6 th End: April 4 th No Soccer: Dec 26 Jan 2 March 5
Special	

REDS Academy Teams

Who	Select players from across the WRSA REDS Academy program will be invited to participate in Academy Teams. These teams will be selected in early December and will stay together through the winter competing in the Soccer NB Academy Challenge Tour events, as well as a trip to Maine for a series of games
Selection Process	Academy coaches will select players to be invited to participate based on registrations in the WRSA REDS Academy Program.
Where	Various events
When	Dates for Competitions to be confirmed
Registration	\$175.00 – This is estimated and includes 5 training sessions, as well as the competitions.
Dates	December to March
Additional	Training Sessions: 5:30-6:30pm at BMO Center Girls: Dec 11, Jan 8, 22, Feb 5, 19 Boys: Dec 18, Jan 15, 29, Feb 12, 26

REDS Academy Keeper Training

Who	For keepers born between 2009 and 2001 who are interested in additional training each week with experienced University level goalkeepers.
Where	UNB BMO Center
When	Wednesday 5:30-6:30pm
Registration	\$150.00
Dates	Dec 11, 18, Jan 8, 15, 22, 29, Feb 5, 12, 19, 26
Additional	

University Preparation Program (UPP)

Who	The UPP is designed for the most committed and dedicated athletes with in the FDSA program. This is a program that aims to help young athletes develop the physical, technical, tactical and mental skills to be successful at the College and University level.
Selection Process	Players will apply to participate in the University Prep Program, applications will be reviewed and roughly 16 boys and 16 girls will be selected to participate in the program.
Where	UNB Dome and UNB High Performance Gym
When	M, W, 6:00-7:30am (with some exceptions) and Friday 5:30-7:00pm in addition to WRSA REDS Academy Schedule
Registration	\$1600.00 – to be confirmed(applications due November 1 st) - Registration includes: Registration in the WRSA Academy Program, Tournament Registration fees, and guest speakers. *Please note that accommodations, transportation and meals are not included in the registration fees.
Dates	November 18 To April 10
Additional	Players will attend competition in Bridgewater as well as a training and competition weekend in Camden and Portland Maine.

Program Placement Sessions

Placement sessions will be November 25th and 26th, the session will be to observe and place players in proper league and academy groups.

League and group placement will be communicated by Sunday December 1st and program will begin Monday December 2nd

All Sessions at BMO Center

5:30-6:30 PM

Players Born 2010-2008

6:30-7:30 PM

Players Born 2007-2006

7:30-8:30 PM

Players Born 2005-2004

8:30-9:30 PM

Players Born 2003-2002

Questions?