



Summer 2019

Mini Program Information Meeting

8U & 10U



Agenda

- Introductions
- Soccer Canada & LTAD
- Technical details
- Volunteers/Coaches
- Registration details
- Administrative details
- Contact Info



Canada Soccer Strategic Plan



CANADA SOCCER NATION

2019-2021 STRATEGIC PLAN

DEVELOP • GOVERN • GROW



Canada Soccer Pathway

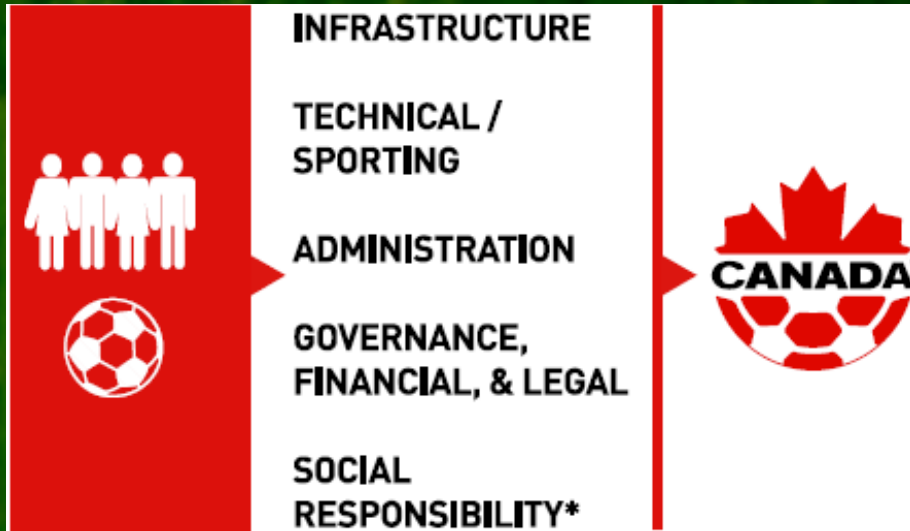


YOUR GOALS. OUR GAME.

“Whether they dream of playing for Canada, or simply want to have fun with their friends, taking the right approach to the game when children are young sets the stage for a life time of enjoyment”



Canada Soccer Club Licensing





LTPD Overview





Stage 2/3 – FUNdamentals & Learn to Train

WHY

- Provide opportunities for children to learn basic soccer elements.
- Player development and talent identification.

GAME STRUCTURE

- 5v5 (U8) & 8v8 (U10)

RECOMMENDED TRAINING TIMES - 45 to 75 minutes

RECOMMENDATIONS

- No league standings – jamboree format – emphasis is on FUN. • Players and game formats are organized to support the basic playing experiences. • All players play equal time and try all team positions, including goalkeeping. • Equal time should be allotted to practice and games
- Small leagues provide game fixtures, but no league standings are recorded. • Players and game formats are organized to support the basic playing experiences. • All players play equal time and try all team positions, including goal keeping. • The game structure progresses between ages from simple to more complex. • The training to competition ratio should be 2 to 3 training sessions for every game



FDSA philosophy

- Create a supportive and **FUN** environment in which to enjoy the game of soccer
- A successful season is one which ends with a player wanting to play again





Levels of Soccer in NB

**National
Teams**

**Soccer NB
Academy/Team
Atlantic**

Team NB
(Approx. 50 FDSA
Players)

Premiership & Division I
(Approx. 350 FDSA Players)

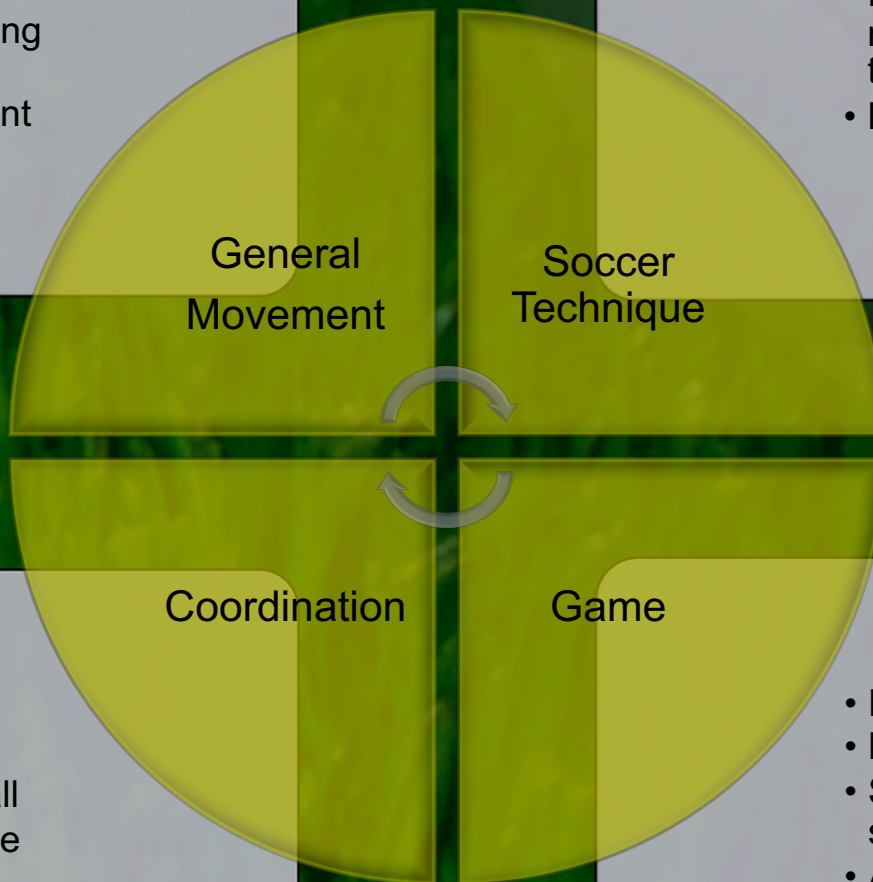
Grassroots Soccer
Micro, Mini, Youth Leagues
(Approx. 1300 FDSA Players)



Technical Sessions

- **Agility** – running, changing direction and speed
- **Balance** – hopping jumping and landing
- **Coordination** – movement combinations

- Lots of touches on the ball
- Fun competitions to motivate players to use technique
- Plenty of positive feedback



- Lots of touches on the ball
- Using different parts of the foot

- Fun
- Motivating
- Small groups playing in small areas
- A chance to practice individual skills



Volunteers/Coaches

Volunteers – The More The Better

- Coach/ Volunteer Requests – We need your help!
- 2-3 coaches per team

Coach/volunteer Rebate - \$75 rebate offered to volunteers

- Attend Pre-season Coach Meeting
- Attend on-field GPS workshop
- Attend sessions regularly throughout the season



Criminal Record Checks

Required for all coaches in FDSA

- Better ensures the safety of the kids
 - 1 incident is too many
- Protects our volunteers/coaches
- In accordance with Insurance requirements
- Parents have confidence FDSA is doing its due diligence to ensure a safe, fun environment for all
- Obtain from RCMP or City Police – FDSA will provide a letter upon request



Mini Program Key Dates

8U

Boys – ScotiaBank North

June 3

Girls – ScotiaBank North

June 4



10U

Boys – SBS/FHS

June 3

Girls – SBS/FHS

June 4

Coaching Information Session

May 14th

GPS on-field Coach Clinic

May 25th

Active Start coach training Session

June 2nd



Photo Nights

Harvey Studios on fields

June 10 & 11



Year End Jamboree

August 18th

Volunteer Appreciation Night

TBC



2019 Registration Fee Structure

FDSA MINI REGISTRATION FEES

Soccer NB Fee	25.50
<u>FDSA Fees</u>	<u>152.50</u>
Total Registration Fee	\$178.00

Soccer NB Fee	25.50
<u>FDSA Fees</u>	<u>158.50</u>
Total Registration Fee	\$184.00

*PowerUp Sports

Prices include all taxes & transaction fees. If you pay by cash, cheque or debit at the FDSA office, a credit card fee of \$5.00 will be reversed at time of payment



What Do Registration Fees Cover?

- **Soccer NB/CSA Reg'n fees**
- **Insurance**
- **Training equipment**
- **Field Costs**
- **Referees**
- **League/Provincial Tourney Fees**
- **Technical Coaches**
- **Coach Training & Certification**
- **National Travel Fund**
- **Awards Gala & Awards**
- **Special Events – Soccer Day, Jamborees etc.**
- **Office Rent & Utilities**
- **Office Equipment**
- **IT & Website**
- **Staffing related expenses– Full & Part-time**
- **Club Mgmt/Database Licensing**
- **Banking/Merchant fees**
- **Marketing & Promotional Items**



Family Discount Policy

Families with 3 or more players in FDSA programs will continue to receive a family discount of \$15/player for recreational programs

Ex. Family has players registered for: Youth Girls, U8 Boys & U4 South

Discount: $\$15 + \$15 + \$15 = \45^*

*applied to Base Program Fee



Registration Info

- Please visit the following link: <http://fdsa.powerupsports.com> to set up a user profile and register.
- <https://fdsa.powerupsp.com/pub/res/HowortsToRegister.pdf>
- ALL registrations **MUST** now be completed using this system.
 - Payment Options: Online – Visa or Mastercard ONLY; In-Office – Cash, Cheque, Debit or Credit
 - NOTICE: A convenience fee is now included in all registration fees, you can pay in-office by Cash, Cheque or Debit only on May 4.



City Recreation Cards

City of Fredericton Recreation Cards

- Obtain from City Hall, City Rec Office or Fieldhouse Pool
- Free for city residents
- \$17 user fee for those outside Rec Service Agreement areas
- Must have to complete registration

Fredericton	REC CARD
Participant:	<u>Evan Erb</u>
Recreation No.:	201801389
Expiry:	<u>Sept 29, 2019</u>
Initials of Issuer:	<u>SC</u>



Field Closures

- City Recreation Department closes fields by 3pm
- Field Closures – City Recreation Facebook Twitter
@CityFredRec
- Updates on www.fdsa.org @fdsa.org (FB) &
@fdsasoccer (Twitter)
- Cancelling sessions that have already started
 - It is inappropriate to play when a storm with thunder and lightning is in the area.



Thunder/Lightning Policy

6.2 The decision to abandon play shall be made by the game officials, except that where no official is present (e.g. in mini games or at practices), this decision shall be made by the coach(es).

6.3 Notwithstanding section 6.2 above, if thunder is heard, or lightning is seen, play in that game shall be abandoned and all participants shall be directed to seek appropriate shelter, such as: a vehicle (windows rolled up); a building; or low ground. Immediate medical help must be sought if any individual is struck by lightning. The game may be restarted after 30 minutes of no further thunder or lightning, and with no more than a one (1) hour delay.

30 Minute Rule



Heat Policy

<u>Humidex</u>	<u>Code</u>	<u>Action</u>
Up to 30	Green	Normal play
30 to 37	Yellow	Mandatory water breaks (5 min. duration) every 20 min.
37 to 40	Red	No games played; no intense physical exertion; mandatory water breaks (5 min) every 20 minutes; 1 hour total practice time
Over 40	Black	Suspend all play and practices



Supplementary Information

- www.fdsa.org
- FDSA Office: 451-1342 info@fdsa.org
- Director of Mini Program: Renee Erb
minidirector@fdsa.org
- Facebook Page: www.facebook.com/fdsa.org
- Twitter - @fdsasoccer
- Instagram - @fdsa1986



Questions

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THANK YOU!